



# GYM DOME CLUB – WINTER 2018

## For Grades 6-12 Volleyball Athletes With Some Experience

### Registration

Name of Participant \_\_\_\_\_ Gender \_\_\_\_\_  
 Birth Date (mm/dd/yyyy) \_\_\_\_\_ AB Health # \_\_\_\_\_  
 Volleyball History? (ie. been in camps, school team, previous DC... please specify) \_\_\_\_\_  
 Name of Parents/Guardian \_\_\_\_\_ Email: \_\_\_\_\_  
 Phone #H \_\_\_\_\_ #W \_\_\_\_\_ #C \_\_\_\_\_

**\*All Practices below will be at our new GYM Facility: 293057 James Jones Way (just South of CrossIron Mills)**

- Please   Group DC1G: GUYS or GIRLS Born 2000 to 2003 – Sat. 6:30-8:30 & Mon. 5:00-7:00 – Jan. 6 to March 17**  
**Includes 4 Dome Club play dates – Jan. 27, Feb 10, March 3, March 17 (max 70)**
- Please   Group DC2G: GUYS or GIRLS Born 2002 to 2004 – Fri. 7:00-8:30 & Sun. noon-1:30 – Jan. 7 to March 17**  
**Includes 4 Dome Club play dates – Jan. 27, Feb 10, March 3, March 17 (max 70)**
- Please   Group DC3G: GUYS or GIRLS Born in 2004/2005 – Fri. 5:30-7:00 & Sun. 1:30-3:00 – Jan. 7 to March 17/18**  
**Includes 4 Dome Club play dates – Jan. 27, Feb 10, March 3/4, March 17/18 (max 70)**
- Please   Group DC4G: GIRLS Born 2004/2005 – Sat. 4:30-6:30 and Mon. 5:00-7:00 Jan. 6 to March 17/18**  
**Includes 4 Dome Club play dates – Jan. 27, Feb 10, March 3/4, March 17/18 (max 70)**
- Please   Group DC06G: GIRLS/GUYS Born 2006 – Sat. 3:00-4:30 and Thurs 6:30-8pm – Jan. 6 to March 17/18**  
**Includes 4 Dome Club play dates – Jan. 28, Feb 11, March 4, March 17 or 18 (max 70)**

**Also trying out for a competitive Club team.** (\$20 non-refundable deposit - remainder due Dec. 20)

**\$299.00 Fee includes a team uniform**

Payment by Visa / Amex / MC / Cheque / Cash

Card # \_\_\_\_\_ Exp. \_\_\_\_\_ Name on Card \_\_\_\_\_

**Cancellation prior to start date is subject to a \$10 admin fee. NO refunds after the 4th session except for medical reasons.**

-----  
**Consent Form - Please Read Carefully and Sign;**

The applicant understands that risk is inherent in any physical activity and agrees that Volleydome's Dome Club and/or any individual connected with them will not be held responsible for any accidents or loss however caused. By registering for a session with Volleydome Dome Club, I (the athlete), \_\_\_\_\_ accept personal responsibility for my participation in any activities and I agree to do so at my own risk. Volleydome will not be responsible for any loss, damage, injury or ambulance service in connection with such participation.

I, the parent or guardian, \_\_\_\_\_ understand that every attempt will be made to contact myself as parent or guardian of \_\_\_\_\_ should any emergency medical treatment or services occur. If I am unable to be reached, I authorize \_\_\_\_\_ Phone # \_\_\_\_\_ to act on my behalf as an emergency contact. In the event that I or my alternate contact can not be reached, I give full consent for any licensed emergency service/medical personnel to provide treatment or service necessary to maintain the health of my child.

Applicant agrees to permit the Volleydome to take photographs of your son or daughter. Photos may be posted on the Volleydome;s website for promotional purposes.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Send this registration form and fee to: Volleydome Inc. 2825 - 24th Ave. NW, Calgary, Alberta T2N 4L6

Ph: 403 284-3663 or email: [info@volleydome.net](mailto:info@volleydome.net) [www.volleydome.net](http://www.volleydome.net) (youth programs)



# GYM DOME CLUB – WINTER 2018

*General Program Philosophy: We want all the kids to play a lot, have fun with their friends, and learn the skills of volleyball in a positive group environment. The emphasis of the Dome Club is on learning, fun, and development. This is not a competitive program and winning will not be a priority.*

NOTE: Specific tournament schedules will be done for each tournament to try to give all teams the best competition possible. These schedules will be posted on our website about a week prior to each tourney. Dome Club Tournaments will be self-refed by the coaches and the emphasis will be on everyone playing a lot and learning long term team skills.

Go to [www.volleydome.net](http://www.volleydome.net) – click on **Youth** at the top then click on **Dome Club** on the left.

Tournaments will be at either the **Volleydome** (2825 24th Ave. NW) or our **NEW GYM** location (293057 James Jones Way, just South of CrossIron Mills).

## Rough Tournament Schedule - (depends on #'s and abilities in each age group)

<b>Sat. Jan. 27:</b>	<b>DC3 &amp; DC4 Girls &amp; Guys DC2 Girls &amp; Guys DC1 Girls &amp; Guys</b>	<b>between 9:00am and 1:30pm between 1:30pm and 5:30pm from 5:30pm to 8:30pm</b>
<b>Sun. Jan. 28:</b>	<b>DC06 Mini DC</b>	<b>from 12:00pm to 3:00pm from 3:00pm to 6:00pm</b>
<b>Sat. Feb. 10:</b>	<b>DC3 &amp; DC4 Girls DC2 Girls &amp; Guys &amp; DC3 Guys DC1 Guys &amp; Girls</b>	<b>between 9:00am and 1:30pm between 1:30pm and 5:30pm from 5:30pm to 8:30pm</b>
<b>Sun. Feb. 11:</b>	<b>DC06 &amp; Mini DC</b>	<b>between 12:00pm and 6:00pm</b>
<b>Sat. March 3:</b>	<b>some DC3, some DC4 &amp; some DC2 DC1 and some DC2</b>	<b>between 9:00am and 2:00pm between 2:00 and 8:30pm</b>
<b>Sun. March 4:</b>	<b>DC06, Mini DC, and some DC3/DC4</b>	<b>between 12:00pm and 6:00pm</b>
<b>Sat, March 17:</b>	<b>some DC3, some DC4, and some DC2 DC1, some DC2</b>	<b>between 9:00am to 1:30pm between 2:30 and 8:30pm</b>
<b>Sun, March 18:</b>	<b>DC06, and some DC3 and DC4</b>	<b>between 12:00pm and 6:00pm</b>

The schedules below are for groups practicing at our  
**New GYM Location** – 293057 James Jones Way (just South of CrossIron Mills):

### **Season Schedule for DC1 GYM Girls & Guys born 2000 to 2003**

Sat, Jan. 6	6:30 – 8:30	Organizational practice and team formation
Mon, Jan. 8	5:00 – 7:00	More team formation and individual skills
Sat, Jan. 13	6:30 – 8:30	Team systems introduced
Mon, Jan. 15	5:00 – 7:00	Club style practices - all skills
Sat, Jan. 20	6:30 – 8:30	Team systems introduced
Mon, Jan. 22	5:00 – 7:00	Club style practices - all skills
<b><u>Sat, January 27</u></b>		<b><u>3 Hour Mini-Tournament from 5:30 to 8:30 pm</u></b>
Mon, Jan. 29	5:00 – 7:00	Practice
Sat, Feb. 3	6:30 – 8:30	Teamwork and game situation
Mon, Feb. 5	5:00 – 7:00	Practice
<b><u>Sat, February 10</u></b>		<b><u>3 Hour Mini-Tournament from 5:30 to 8:30 pm</u></b>
Mon, Feb. 12	5:00 – 7:00	Practice
<b>Sat, Feb. 17</b>		<b>HOLIDAY – NO PRACTICE</b>
Mon, February 19	5:00 – 7:00	Practice
Sat, February 24	6:30 – 8:30	Teamwork and game situation
Mon, February 26	5:00 – 7:00	Practice
<b><u>Sat, March 3</u></b>		<b><u>Tournament between 2:00 and 8:30 pm</u></b>
Mon, Nov. 13	5:00 – 7:00	Practice
Sat, Nov. 18	6:30 – 8:30	Teamwork and game situation
Mon, Nov. 20	5:00 – 7:00	Practice
<b><u>Sat, November 25</u></b>		<b><u>Tournament between 2:30 and 8:30 pm</u></b>

### **Season Schedule for DC2 GYM Girls/Guys born in 2002-2004**

Sun, Jan. 7	noon - 1:30	Organizational practice and team formation
Fri, Jan. 12	7:00 – 8:30	More team formation and individual skills
Sun, Jan. 14	noon - 1:30	Team and individual skills
Fri, Jan. 19	7:00 – 8:30	Club style practice
Sun, Jan. 21	noon - 1:30	Team and individual skills
Fri, Jan. 26	7:00 – 8:30	Club style practice
<b><u>Sat, January 27</u></b>		<b><u>3 Hour Mini-Tournament between 1:30 and 5:30 pm</u></b>
<b>Sun, Jan. 28</b>		<b>NO PRACTICE</b>
Fri, Feb. 2	7:00 – 8:30	Club style practice
Sun, Feb. 4	noon - 1:30	Team and individual skills
Fri, Feb. 9	7:00 – 8:30	Club style practice
<b><u>Sat, February 10</u></b>		<b><u>3 Hour Play Day between 1:30 and 5:30 pm</u></b>
<b>Sun, Jan. 28</b>		<b>NO PRACTICE</b>
Fri, Feb. 16	7:00 – 8:30	Practice
<b>Sun, Feb. 18</b>		<b>HOLIDAY – NO PRACTICE</b>
Fri, Feb. 23	7:00 – 8:30	Practice
Sun, Feb. 25	noon - 1:30	Teamwork and game situation
Fri, March 2	7:00 – 8:30	Practice
<b><u>Sat, March 3</u></b>		<b><u>1/2 day tournament (timing depends upon level of the team)</u></b>
<b>Sun, March 4</b>		<b>NO PRACTICE</b>
Fri, March 9	7:00 – 8:30	Practice
Sun, March 11	noon - 1:30	Game Play
Fri, March 16	7:00 – 8:30	Practice
<b><u>Sat, March 17</u></b>		<b><u>1/2 day tournament (timing depends upon level of the team)</u></b>

The schedules below are for groups practicing at our **New GYM Location** – 293057 James Jones Way (just South of CrossIron Mills):

### **Season Schedule for DC3 GYM Girls/Guys born in 2004/2005**

Sun, Jan. 7	1:30 – 3:00	Organizational practice and team formation
Fri, Jan. 12	5:30 – 7:00	More team formation and individual skills
Sun, Jan. 14	1:30 – 3:00	Team and individual skills
Fri, Jan. 19	5:30 – 7:00	Club style practice
Sun, Jan. 21	1:30 – 3:00	Team and individual skills
Fri, Jan. 26	5:30 – 7:00	Club style practice
<b><u>Sat, January 27</u></b>		<b><u>3 Hour Mini-Tournament between 9:00 am and 1:30 pm</u></b>
<b>Sun, Jan. 28</b>		<b>NO PRACTICE</b>
Fri, Feb. 2	5:30 – 7:00	Club style practice
Sun, Feb. 4	1:30 – 3:00	Team and individual skills
Fri, Feb. 9	5:30 – 7:00	Club style practice
<b><u>Sat, February 10</u></b>		<b><u>3 Hour Play Day between 9:00 am and 1:30</u></b>
<b>Sun, Jan. 28</b>		<b>NO PRACTICE</b>
Fri, Feb. 16	5:30 – 7:00	Practice
<b>Sun, Feb. 18</b>		<b>HOLIDAY – NO PRACTICE</b>
Fri, Feb. 23	5:30 – 7:00	Practice
Sun, Feb. 25	1:30 – 3:00	Teamwork and game situation
Fri, March 2	5:30 – 7:00	Practice
<b><u>March 3 or 4</u></b>		<b><u>1/2 day tournament (timing depends upon level of the team)</u></b>
Fri, March 9	5:30 – 7:00	Practice
Sun, March 11	1:30 – 3:00	Game Play
Fri, March 16	5:30 – 7:00	Practice
<b><u>March 17 or 18</u></b>		<b><u>1/2 day tournament (timing depends upon level of the team)</u></b>

### **Season Schedule for DC4 GYM Girls born 2004/2005**

Sat, Jan. 6	4:30 – 6:30	Organizational practice and team formation
Mon, Jan. 8	5:00 – 7:00	More team formation and individual skills
Sat, Jan. 13	4:30 – 6:30	Team systems introduced
Mon, Jan. 15	5:00 – 7:00	Club style practices - all skills
Sat, Jan. 20	4:30 – 6:30	Team systems introduced
Mon, Jan. 22	5:00 – 7:00	Club style practices - all skills
<b><u>Sat, January 27</u></b>		<b><u>3 Hour Mini-Tournament between 9:00 am and 1:30 pm</u></b>
Mon, Jan. 29	5:00 – 7:00	Practice
Sat, Feb. 3	4:30 – 6:30	Teamwork and game situation
Mon, Feb. 5	5:00 – 7:00	Practice
<b><u>Sat, February 10</u></b>		<b><u>3 Hour Play Day between 9:00 am and 1:30</u></b>
Mon, Feb. 12	5:00 – 7:00	Practice
<b>Sat, Feb. 17</b>		<b>HOLIDAY – NO PRACTICE</b>
Mon, February 19	5:00 – 7:00	Practice
Sat, February 24	4:30 – 6:30	Teamwork and game situation
Mon, February 26	5:00 – 7:00	Practice
<b><u>March 3 or 4</u></b>		<b><u>1/2 day tournament (timing depends upon level of the team)</u></b>
Mon, March 5	5:00 – 7:00	Practice
Sat, March 10	4:30 – 6:30	Teamwork and game situation
Mon, March 12	5:00 – 7:00	Practice
<b><u>March 17 or 18</u></b>		<b><u>1/2 day tournament (timing depends upon level of the team)</u></b>

The schedules below are for groups practicing at our  
**New GYM Location** – 293057 James Jones Way (just South of CrossIron Mills):

**Season Schedule for DC06 GYM Girls/Guys born in 2006**

Sat, Jan. 6	3:00 – 4:30	Organizational practice and skill review
Thurs, Jan. 11	6:30 – 8:00	Organizational practice and individual skills
Sat, Jan. 13	3:00 – 4:30	Group and individual skills
Thurs, Jan. 18	6:30 – 8:00	Team systems introduced
Sat, Jan. 20	3:00 – 4:30	Practice – all skills
Thurs, Jan. 25	6:30 – 8:00	Teamwork and game situation
<b>Sun, Jan. 27</b>	<b>NO PRACTICE</b>	
<b><u>Sun, January 28</u></b>	<b><u>3 Hour Mini-Tournament from 12:00 pm to 3:00 pm</u></b>	
Thurs, Feb. 1	6:30 – 8:00	Teamwork and game situation
Sat, Feb. 4	3:00 – 4:30	Practice
Thurs, Feb. 8	6:30 – 8:00	Teamwork and game situation
<b>Sat, Feb. 10</b>	<b>NO PRACTICE</b>	
<b><u>Sun, February 11</u></b>	<b><u>3 Hour Play Day between 12:00 pm and 6:00 pm</u></b>	
Thurs, Feb. 15	6:30 – 8:00	Teamwork and game situation
*Sat. Feb. 17	3:00 – 4:30	Practice
Thurs, Feb. 22	6:30 – 8:00	Teamwork and game situation
Sat. Feb. 24	3:00 – 4:30	Practice
Thurs, March 1	6:30 – 8:00	Teamwork and game situation
<b>Sun, March 3</b>	<b>NO PRACTICE</b>	
<b><u>Sun, March 4</u></b>	<b><u>1/2 day tournament between 12:00 pm and 6:00 pm</u></b>	
Thurs, March 8	6:30 – 8:00	Teamwork and game situation
Sat. March 10	3:00 – 4:30	Practice
Thurs, March 15	6:30 – 8:00	Teamwork and game situation
<b>Sat, March 17</b>	<b>NO PRACTICE</b>	
<b><u>Sun, March 18</u></b>	<b><u>1/2 day tournament between 12:00 pm and 6:00 pm</u></b>	